

When choosing and using a child car restraint (CCR), remember:

Contact

- » A child must meet the minimum age and size requirements to use it.
- » It must carry the Australian Standards sticker AS/NZS 1754.
- » It should be less than 10 years old.
- » You should know the CCR's history.
- » If it has been in a crash don't use it.

AND

IT SHOULD BE FITTED AND USED CORRECTLY, EVERY TRIP.



For help or advice installing your child car restraint, please visit a

TYPE 1 CHILD CAR RESTRAINT FITTER.

For further information or to find a Fitter close to you, please contact:

Telephone: 1300 780 713

Email: roadwise@walga.asn.au

Website: www.childcarrestraints.com.au

Your Local Fitter:

A Guide to using Child Car Restraints



Birth to 7 years
and beyond



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www.roadwise.asn.au

What types of child car restraint can your child use?
Keep them in an earlier stage as long as possible.

Birth

6 mth

2-3 yr

4 yr

7 yr

8 yr

10-12 yr



Rearward facing restraints are used until at least 6 months, many will allow a child to be rear facing until 2-3 years of age.



Forward facing restraints with internal harnesses are used until at least 4 years, some will enable use until about 8 years of age.



Booster seats with a lap sash seat belt or H-harness are used until at least 7 years, some will enable use until 10-12 years of age.

Sitting safely without a booster seat? The 5 Step Test – check if the child's:

1. Back is against back of seat?
2. Knees are bent at front edge of seat?
3. Sash seat belt sits across middle of shoulder?
4. Lap belt sits low across hips, touching thighs?
5. Able to stay seated like this the whole trip?